

**Self-Reflection/4-H Story**

**NYS 4-H Universal Evaluation &**

**Information Sheet - *Food and Nutrition***

**Name** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**District/County** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Age** \_\_\_\_\_\_\_\_\_\_ **Year in Project** \_\_\_\_\_\_\_\_\_\_ **Section** \_\_\_\_\_\_\_\_\_\_ **Class** \_\_\_\_\_\_\_\_\_\_

**Exhibit Description** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**Variety** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

What new skills did you learn in creating this exhibit? Some of the most important lessons learned were:

List steps in making exhibit or attach the recipe. Some of the most important lessons learned were:

List the challenges that you faced and how you handled them:

What would you change about the exhibit?

Did

you complete all criteria for this section and exhibit?

**Evaluator Feedback - *Food and Nutrition* Evaluator Initials**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Above Average** | **Average** | **Can Improve** | **Comments** |
| **Appearance** |  |  |  |  |
| **Recipe/product Information** |  |  |  |  |
| **flavor** |  |  |  |  |
| **Container/Label** |  |  |  |  |
| **Design/Creativity** |  |  |  |  |
| **Developmentally Appropriate** |  |  |  |  |

*Exhibits should NOT be evaluated against other exhibits. Evaluation is based on an individual’s skills gained, including life skills, exhibit of mastery, personal and professional knowledge gained in relation to the exhibit being created.*

# EVALUATION MATRIX - NYS 4-H - 2024